



## September 2015 Meeting Minutes

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The September meeting for AYHSC was held on September 3rd, 2015 from 5:30-7:00pm in the Whittemore Robbins House.

### **In Attendance:**

**Adults:** Ivy Laplante, Karen Dillon, Colleen Leger, Stephen Porciello, Mike Leach, Rebecca Wolfe, Officer John Kelley, Cindy Bouvier, Cindy Curran, Kathryn Gillis, Joe Curro, Jeannette Hawley and David Naegle.

**Students:** Cooper Schoenthaler, Nora Maybury, Olivia Graffia, and Annie Keller.

### **I. Welcome**

**Introductions** - Student Advisors and community members all introduced themselves and their respective roles in our community.

### **II. Old Business**

**June meeting minutes:** Approved minutes from June. Cindy Bouvier moved to approve and Cooper Schoenthaler seconded. All approved minutes from our June meeting.

**HRC Camp Report:** Karen and Ivy spoke about their first year representing the Coalition in this camp that the Coalition started seven years ago. There was great collaboration between the Police and Fire Departments and Recreation Department. The camp was very well attended and the children had a great time learning about health and safety.

**Results from pre-meeting coalition survey:** How can you help? Where do you fit in? Most people wanted to volunteer to organize an event of activity. Thank you for your responses!

#### **A. Student Coalition Updates**

**Student Advisors Agenda Item: AYHSC Student Advisory Officers and Club at AHS:** Karen Dillon shared the great news that the Student Advisors are now an "official" club at AHS with Kathy Hirsch as their faculty Advisor. There will be four officers peer elected in early October who will draw an annual stipend and have active leadership in school and Coalition activities.

**Alcohol Compliance Checks:** Cooper spoke about his experience participating in alcohol compliance checks in a neighboring town. He had the overall sense that it was productive and a fun opportunity.

#### **B. Current Project Updates**

**Coalition Handbook:** Ivy presented the new Coalition handbook to meeting participants. The handbook is a comprehensive guide that explains our structure, logic model, strategic plan, mission, and other helpful information. Ivy created the handbook over the summer and it is an evolving document that may change with time.

**Opioid Panel Discussion in Town Hall: Tuesday October 13th all are welcome.**

**Five minutes to think of five successes:** Coalition took five minutes to come up with five successful initiatives or projects that took place last year. The Coalition collectively identified Guiding Good Choices, Alcohol Compliance Checks, attending the Middlesex Partnership for Youth event on Opiate Abuse, AYHSC increased presence in the schools, and participating in the CHNA 17 Youth Empowerment Summit in March.

### **III. New Business**

**A. E-Cigarette Intervention Map:**

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Coalition Members broke up into pairs and took a section of the intervention map to discuss e-cigarette use in school. The groups reported their results to the coalition.

*Policies/Regulations-* AHS handbook, school committee policies, MIAA regs already in place

*Provide Information-* social media, flyers at schools, in-service for teachers, sign handbook

*Build Skills-* training to identify vapes

*Provide Support-* provide info, change culture that supports kids who don't vape, small discussions

*Access/Barriers-* internet strategies (verifying age), public infomercials about e-cigs

*Incentives/Disincentives-* marketing campaigns, use "vape" when discussing e-cigs

*Physical Design-* smoke detectors that detect vape, hall monitors, CVS work with management

**\*ACTION ITEM:** Follow up with OMS about policy in their handbook, develop handout for teachers at OMS and AHS, advertise forum

**B. Town Day Activities:** Call for volunteers, online sign up.

**C. Fall Athletic night presentation on Opioid Abuse:** Call for volunteers, online sign up.

**D. YRBS Survey:** Results from OMS Survey are in and we need a committee to work on presenting this information to the community.

**E. Community Update- "What's Happening in Arlington?"**

**Mystic LGBTQ+ Youth Support Network:** Jeannette Hawley reported on the activities of Mystic LGBTQ+ Youth Support Network. The group is making great progress and holding regular drop in evenings at Arlington Center for the Arts where youth can socialize and receive support. There have been activities focused on improv, and other forms of creative expression. Jeannette hopes to participate in coalition activities and represent the Mystic community.

**YRBS Survey in Private Schools:** Nora, a youth advisor attending Chapel Hill private school is interested in facilitating the YRBS survey at her small school. Ivy and Karen will support her efforts to do this outreach.

**Meeting Adjournment 7:00 pm**

Next Coalition Meeting - October 8th, 2015 at 5:30pm - Whittemore Robbins House